



September 2017 - Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Grades 6-8 Breakfast

MENUS ARE SUBJECT TO CHANGE

☞ All of the Grain/Bread items served are whole grain.
 Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free
 ★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit
 S: Items with an (S) can be saved for later
 V: Vegetarian items

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9-4 Labor Day		9-5 ★ Fiesta Bean & Cheese Burrito - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-6 ★ Hawaiian Cheesy Ham Slider ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-7 ★ Crunchy Cereal with Yogurt - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-1 Admission Day	
9-11 ★ French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-12 ★ Breakfast Cheese Bagel - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-13 ★ Egg & Cheese Italiano Pocket - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-14 ★ Morning Beef Sausage Sandwich ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-8 ★ Apple Stuffed Bagel Bar ★ Fruit - S ★ Fruit Juice ★ Got Milk	
9-18 ★ Cinnamon Pancakes V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-19 ★ Fiesta Bean & Cheese Burrito - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-20 ★ Hawaiian Cheesy Ham Slider ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-21 ★ Crunchy Cereal with Yogurt - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-22 ★ Apple Stuffed Bagel Bar ★ Fruit - S ★ Fruit Juice ★ Got Milk	
9-25 ★ French Toast Trio V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-26 ★ Breakfast Cheese Bagel - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-27 ★ Egg & Cheese Italiano Pocket - V ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-28 ★ Morning Beef Sausage Sandwich ★ Fruit - S ★ Fruit Juice ★ Got Milk		9-29 ★ Café LA Coffee Cake - S, V ★ Fruit - S ★ Fruit Juice ★ Got Milk	